

Diploma in Nutrition & Lifestyle Medicine Fees (20 - 23)

Level 4 - Level 6 module fees are guaranteed until 31st July 2023

Level	Code	Modules	Brief description	Credits	Attendance learning	Online only
A one off Registration Fee:					250.00	250.00
Level 4	4BIO	Introduction to Biochemistry & Cytology	A foundation in organic & inorganic chemistry, biochemistry & cytology (online only)	30-credits	£1,640	£1,640
	4ASA	Academic Skills & Personal Development	This module will enable students to think about, and plan for, their own personal, academic & career development. Students will be instructed in the development of the necessary skills to succeed on the Diploma course	15-credits	£1,040	£820
	4ANP	Anatomy & Physiology	This module gives students a foundation in relation to the anatomy and physiology of the human body and all major body systems, providing students with an in-depth knowledge and understanding of the topic	30-credits	£2,080	£1,640
	4MAC	Macro- & Micronutrients	This module gives students a detailed understanding of macro- and micro-nutrients, their requirements, functions, interactions, safety & toxicity, and how dietary, lifestyle and environmental factors impact on their normal functions	15-credits	£1,040	£820
TOTAL Level 4:				90 credits	£6,050	£5,170
(modules & credits are subject to University of Greenwich approval)						

Level	Code	Modules	Brief description	Credits	Attendance learning	Online only
Level 5	5MEN	Dietary Analysis & Menu Planing	This module is designed to give students an understanding of the nutritional and therapeutic value of individual foods and dietary models in the maintenance of optimum health. Students also explore about the various methods used to evaluate dietary intake and common factors affecting food choice.	15-credits	£1,040	£820
	5DEP	Food Production, Environmental Pollution & Detoxification	This module explores food production, processing and preservation methods and their effects on food quality and sustainability. This module also covers various sources of toxins, their impact on health, and nutritional protocols to support elimination and detoxification.	15-credits	£1,040	£820
	5NTL	Nutrition Through the Lifecycle	This module examines how the body's demand for nutrients changes across the many stages of life, as well as examining the common disorders affecting health through these various life stages. Key events during the lifecycle are also considered in-depth, including fertility, pregnancy, weaning, puberty, menopause and healthy ageing.	15-credits	£1,040	£820
	5NGH	Nutrition for Gastrointestinal Health	This module addresses the pathophysiology of common conditions affecting the digestive system and explores the burgeoning research surrounding the influence of the intestinal microbiome on health. The module applies a functional medicine approach, considering the influence of diet, lifestyle, environment and genetics in gastrointestinal health and disease and will guide students in the use and interpretation of relevant functional and biochemical tests.	15-credits	£1,040	£820
	5NMS	Nutrition for Musculoskeletal, Skin & Sensory Health	This module covers the aetiology and pathophysiology of common musculoskeletal, skin, eye, ear and nose diseases and disorders, as students will need to be familiar with these in preparation for their clinical practice. This will include a functional medicine and evidence-based approach to the prevention and nutritional management of gout, osteoarthritis, osteoporosis, acne and eczema (amongst others).	15-credits	£1,040	£820
TOTAL :				75 credits	£5,200	£4,100

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Level	Code	Modules	Brief description	Credits	Attendance learning	Online only
Level 6	6CRU	Nutrition for Cardiovascular, Respiratory & Urinary Health	This module will explore the aetiology and pathophysiology of common diseases and disorders affecting the cardiovascular, respiratory and urinary systems. Students will apply a functional medicine and evidence-based approach, including relevant functional and biochemical testing, to the prevention and nutritional management of a range of cardiovascular diseases, including hypertension, dyslipidaemia and atherosclerosis. Respiratory and urinary disorders that are covered include asthma, sinusitis, urinary tract infections and kidney stones.	15-credits	£1,040	£820
	6NER	Nutrition for Endocrine, Reproductive & Nervous System Health	This module examines the aetiology and pathophysiology of common endocrine, reproductive and nervous system diseases and disorders. Students will acquire a detailed understanding of how to apply a functional medicine approach to thyroid and adrenal dysfunction, insulin resistance and metabolic syndrome, polycystic ovarian syndrome, endometriosis, benign prostatic hyperplasia and multiple sclerosis (amongst others). The use and interpretation of relevant functional and biochemical tests is a key feature of this module.	15-credits	£1,040	£820
	6-IMM	Inflammation, Immunity & Nutrition	This module applies a functional medicine approach, including the use and interpretation of functional and biochemical tests, to the management of common immune disorders, autoimmune diseases and cancers. Students will gain a detailed understanding of the aetiology and pathophysiology of these disorders, as well as exploring the role of chronic inflammation in disease. Additional topics include a variety of adverse reactions to food, their diagnosis and nutritional management.	15-credits	£1,040	£820

6NOP	Nutrition for Optimal Physical & Mental Health	This module considers the role of nutrition and lifestyle in influencing and achieving optimal physical and mental function. There is a significant focus on obesity and its associated health consequences, including an in-depth exploration of factors influencing energy intake and energy expenditure, and students will also be introduced to the fundamental principles of sports nutrition. The aetiology for common mental health disorders and a functional medicine approach to their prevention and /or management will also be covered in-depth.	15-credits	£1,040	£820
6BSP	Business Skills & Professional Practice	This module support students' development as professional, self-reflecting individuals able to meet the demands of setting up, running and growing their own business. Additionally, students will also learn more about the legislative, and regulatory framework surrounding nutrition practice and the professional practice standards set by appropriate professional bodies	15-credits	£1,040	£820
6CNP	Clinical Practice	This module is focused on preparing students for their future career as a nutrition practitioner and provides the students with the opportunity to practice and perfect consultation skills in a safe and supportive environment. This module is designed to equip students with an understanding of how to effectively communicate with clients to understand their main health concerns. In addition to client-communication skills, students will also learn how to communicate effectively and professionally with the medical profession. Students are required to physically attend at least 1 weekend of clinical practice in London.	no credits	£1,500	£1,500
TOTAL Level 6:			75 credits	£6,700	£5,600

(modules & credits are subject to University of Greenwich approval)

TOTAL (Attendance option learning) with Clinical Practice (240 credits):				£17,950	
TOTAL (Online only) with Clinical Practice (240 credits):					£14,870

NB: Candidates who are not seeking to qualify with a Diploma, can choose to buy individual modules (with or without assessment)

Methods of Payment:

- 1 Students are required to pay a one off Registration fee **of £250 on enrolment**
- 2 Student can pay fees **per module** (module fees must be paid in advance)
- 3 Students can pay fees for **all modules per level in advance**